



WEEK ENDING.....18/11/2022.....

SUBJECT...HOME ECONOMICS

REFERENCE...SYLLABUS(CRDD,2007), HOME ECONS FOR JHS

FORM.....BASIC 8.....WEEK.....10.....

<u>DAY/DURATION</u>	<u>TOPIC/SUB- TOPIC/ASPECT</u>	<u>OBJECTIVES/R.P. K</u>	<u>TEACHER- LEARNER ACTIVITIES</u>	<u>T/L MATERIALS</u>	<u>CORE POINTS</u>	<u>EVALUATION AND REMARKS</u>
TUESDAY 15-11-2022 1:20PM - 2:40PM 80min	Topic; Openings and Fastenings Sub-Topic; Making overlap openings	By the end of the lesson the Pupil will be able to; Make overlap openings in garments. RPK Pupils have seen garments with Overlap openings before in their community.	Introduction Pupils brainstorm to describe an overlap opening. Activities; <ol style="list-style-type: none">1. Pupils individually brainstorm to state the steps to follow to make an overlap opening.2. Assist Pupils to practice making overlap openings. Closure;	Pair of scissors, piece of cloth, sewing machine, hand needle.	<u>Sewing Steps for an overlap opening</u> A cushion cover made with an overlap or envelope opening uses three pieces of <u>material</u> . One for the front and two for the back. You will need to measure your <u>cushion pad</u> and cut out a large piece the size of your cushion for the front and two smaller pieces the same width as the larger piece but each about 3/4 the length of the larger piece for the back. This is to make sure there enough material to make a hem edge and enough for a good overlap so that the opening does not gape. Allow for the seam allowance in your calculations as well.	Exercise; <ol style="list-style-type: none">1. What is an Overlap Opening?2. State the steps to follow to sew an Overlap opening.


			<p>Pupils in small group to sew overlap openings.</p>		<div data-bbox="1435 193 1883 518" data-label="Image"></div> <p>Turn under, press and hem the edges of the back opening. This will give a neater edge.</p> <div data-bbox="1435 639 1883 978" data-label="Image"></div> <p>With right sides together pin two backs to the front matching the raw edges and make sure the overlap edges are straight. Sew seam of 5/8 inch (1.5cms) all around.</p>	
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Turn right sides out and press. The cushion pad can now be inserted inside the cover.



The overlap can be made bigger to give a generous cross over or smaller, making it just meet in the middle of the back. If a small overlap is going to be used then another type of fastening may be needed to stop gaping.

<p>THURSDAY</p> <p>17-11-2022</p> <p>8:05AM – 9:15AM 70min</p>	<p>Topic;</p> <p>Openings and Fastenings</p> <p>Sub-Topic; Uses of Overlap in sewing.</p>	<p>Objective; By the end of the lesson the Pupil will be able to; Identify the uses of Overlap sewing.</p> <p>RPK Pupils can mention examples of Overlaps in sewing.</p>	<p>Introduction Review Pupils knowledge on the previous lesson.</p> <p>Activities;</p> <ol style="list-style-type: none"> 1. Pupils brainstorm to explain the uses of overlap in sewing. 2. Assist Pupils to discuss about the importance of Overlap in Garments. <p>Closure; Through questions and answers, conclude the lesson.</p>		<p>Uses of Overlap in Sewing;</p> <ol style="list-style-type: none"> i. With an overlapping seam, the needle holes go straight through the fabric from top to bottom without the fabric being folded, making this seam construction less water resistant than other seams. ii. A benefit of the overlapping seam is that it's the most economical seam for fabric usage. 	<p>Exercise; State and explain 5 uses of Overlap in sewing.</p> <p>REMARKS</p>
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