



or



0248043888

<https://www.TeachersAvenue.net>

<https://TrendingGhana.net>

<https://www.mcgregorinriis.com>

**BASIC 7**

**WEEKLY LESSON PLAN – WEEK 2**

Strand:	Sense of Purpose		Sub-Strand:	Self-Identity	
Content Standard:	B7.3.1.1 Show Understanding of Self as a unique individual				
Indicator (s)	B7.3.1.1.1. Exhibit knowledge of self-identity		Performance Indicator: Learners can identify their strength and weaknesses.		
Week Ending	14-04-2023				
Class	B.S.7	Class Size:		Duration:	
Subject	Social Studies				
Reference	Social Studies Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.				
Teaching / Learning Resources	Power Point Presentation, Charts, Pictures, Video		Core Competencies:	<ul style="list-style-type: none"><li>• Personal Development and Leadership</li><li>• Critical Thinking and Problem solving.</li></ul> Communication and Collaboration.	
DAY/DATE	PHASE 1 : STARTER	PHASE 2: MAIN			PHASE 3: REFLECTION
TUESDAY  11-04-2023	Discuss meanings of keywords and terminologies in the lesson with the Learners.	<div>1. Discuss the meanings of ‘Self’ and ‘Self Identity’ with the Learners.</div> <div>2. Assist Learners to identify examples of Self-Worth attitudes.</div> <div>3. Learners brainstorm to describe attitudes that enhances self-worth.</div> <div>Self-Identity;</div> <div>Self-identity refers to stable and prominent aspects of one's self-perception (e.g., 'I think of myself as a green consumer'; Sparks &amp; Shepherd, 1992). Researchers have added the concept of self-identity to the theory of planned behaviour in studies that explain organic food consumption choices.</div> <div>Self-Worth ;</div> <div>Self-worth is the internal sense of being good enough and worthy of love and belonging from others. Self-worth is often confused with self-esteem, which relies on external factors such as successes and achievements</div>			<div>Through questions and answers, conclude the lesson.</div> <div>Exercise;</div> <div>Explain the following;</div> <div><div>i. Self</div><div>ii. Self-identity</div><div>iii. Self-worth</div></div> <div>Self-Confidence</div>

		<p>to define worth and can often be inconsistent leading to someone struggling with feeling worthy.</p> <p><b>Attitudes that enhance self-worth;</b></p> <ul style="list-style-type: none"><li>○ Self-respect</li><li>○ self-confidence</li><li>○ can-do spirit</li></ul> <p>positive attitude towards life</p>			
<p><b>WEDNESDAY</b></p> <p><b>12-04-2023</b></p>	<p>Review Learners knowledge on the previous lesson.</p>	<ol style="list-style-type: none"><li>1. Assist Learners to identify examples of strength and weakness of an individual.</li><li>2. Individual Learners brainstorm to tell the class their strength and weaknesses.</li><li>3. Discuss with Learners how to overcome a person’s weaknesses in life.</li></ol> <p><b>Examples of Strength;</b></p> <ul style="list-style-type: none"><li>• Enthusiasm.</li><li>• Trustworthiness.</li><li>• Creativity.</li><li>• Discipline.</li><li>• Patience.</li><li>• Respectfulness.</li><li>• Determination.</li><li>• Dedication.</li></ul> <p><b>Examples of Weaknesses.</b></p> <ul style="list-style-type: none"><li>• Self-criticism.</li><li>• Shyness.</li><li>• Lack of knowledge of particular software.</li><li>• Public speaking.</li><li>• Taking criticism.</li><li>• Lack of experience.</li><li>• Inability to delegate.</li><li>• Lack of confidence.</li></ul> <div><p><u>List of <b>strengths</b> &amp; <b>weaknesses</b></u></p><table><tr><td><p><b>Strengths :</b></p><ol style="list-style-type: none"><li>1 Creativity</li><li>2 Versatility</li><li>3 Flexibility</li><li>4 Focused</li><li>5 Taking Initiative</li></ol></td><td><p><b>Weaknesses :</b></p><ol style="list-style-type: none"><li>1 Self-criticism</li><li>2 Insecure</li><li>3 Too detail oriented</li><li>4 Public Speaking</li><li>5 Presentation Skills</li></ol></td></tr></table></div>	<p><b>Strengths :</b></p> <ol style="list-style-type: none"><li>1 Creativity</li><li>2 Versatility</li><li>3 Flexibility</li><li>4 Focused</li><li>5 Taking Initiative</li></ol>	<p><b>Weaknesses :</b></p> <ol style="list-style-type: none"><li>1 Self-criticism</li><li>2 Insecure</li><li>3 Too detail oriented</li><li>4 Public Speaking</li><li>5 Presentation Skills</li></ol>	<p>Reflect on the need to know oneself.</p> <p><b>Exercise</b></p> <ol style="list-style-type: none"><li>1. Describe 5 strength and weakness of a person.</li></ol> <p>Explain 5 ways of overcoming weaknesses in life.</p>
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**Name of Teacher:**

**School:**

**District:**