

# *EaD Comprehensive Lesson Plans*



or



0248043888

<https://www.TeachersAvenue.net>




<https://TrendingGhana.net>



<https://www.mcgregorinriis.com>

**BASIC 7**

**WEEKLY LESSON PLAN – WEEK 2**

Strand:	Systems		Sub-Strand:		The Human Body System	
Content Standard:	B7.3.1.1 Show understanding of the concept of food, the process of digestion and appreciate its importance in humans.					
Indicator (s)	B7.3.1.1.1 Explain the concept of food and the need for humans to eat  B7.3.1.1.2 Examine what happens to food at the stages of digestion in humans  B7.3.1.1.3 Identify the end product of digestion of starchy, protein and oily foods and explain how absorption of the digested food occurs in humans			Performance Indicator Learners can explain what food is.		
Week Ending	14-04-2023					
Class	B.S.7	Class Size:		Duration:		
Subject	Science					
Reference	Science Curriculum, Teachers Resource Pack, Learners Resource Pack.					
Teaching / Learning Resources	Pictures, Video, Charts, Power point Presentation.		Core Competencies:		<ul style="list-style-type: none"><li>Digital Literacy</li><li>Critical Thinking and Problem Solving</li></ul> Communication and Collaboration.	
DAY/DATE	PHASE 1 : STARTER	PHASE 2: MAIN			PHASE 3: REFLECTION	
MONDAY  10-04-2023	Discuss meanings of keywords and terminologies in the lesson with the Learners.	<ol style="list-style-type: none"><li>Using Power Point Presentation, explain the meaning of food.</li><li>Learners brainstorm to mention examples of food.</li><li>Discuss with Learners examples of food and the nutrients found in them.</li><li>Assist Learners to explain the meanings of food nutrients.</li></ol> <b>food</b> , substance consisting essentially of protein, carbohydrate, fat, and other nutrients used in the body of an organism to sustain growth and vital processes and to furnish energy.			Individual Learners brainstorm to mention examples of food and the type of nutrients found in them.  <b>Exercise;</b> <ol style="list-style-type: none"><li>What is food?</li><li>Write 5 examples of food.</li></ol>	

		 	State 4 examples of food nutrients.
<b>THURSDAY</b>  <b>13-04-2023</b>	<p>Show Learners pictures displaying the appearance of people who have been starved for some period of time with those who have been eating and look healthy and strong.</p>	<ol style="list-style-type: none"> <li>1. Discuss with Learners 5 effects of not eating for some days and weeks.</li> <li>2. Learners in small groups to discuss and report to the class the importance of food in human.</li> <li>3. Learners brainstorm to explain how food help children to grow.</li> </ol> <p><b>Importance of Food;</b></p> <ul style="list-style-type: none"> <li>• We need food to live.</li> <li>• What we eat matters.</li> <li>• Preparing food has an impact on mental health.</li> <li>• Many people have a complicated relationship with food.</li> <li>• Food insecurity is a major issue.</li> <li>• Many livelihoods are tied to food.</li> <li>• Climate change is affecting food.</li> <li>• Food is culture.</li> </ul> 	<p>Through questions and answers, conclude the lesson.</p> <p><b>Exercise;</b></p> <ol style="list-style-type: none"> <li>1. State 5 effects of not eating food for some days.</li> <li>2. Explain 4 importance of food in human.</li> </ol>

<b>FRIDAY</b>  <b>14-04-2023</b>	Learners brainstorm to explain Digestion.	<ol style="list-style-type: none"> <li>Using Power Point Presentation, assist Learners to identify the parts of the alimentary canal in a drawing of the digestive system.</li> <li>Discuss the stages of the Digestion process with the learners.</li> <li>Learners brainstorm to draw the digestive system.</li> </ol>  <p><b>Human Digestive System</b></p> <p>Labels: pharynx, oral cavity, tongue, parotid, sublingual, submandibular, esophagus, diaphragm, liver, gallbladder, duodenum, transverse colon, ascending colon, cecum, appendix, anus, stomach, pancreas, pancreatic duct, common bile duct, small intestine, descending colon, sigmoid colon, rectum, anal canal.</p> <p><b>Stages of Digestion Process;</b></p> <ul style="list-style-type: none"> <li>Intake</li> <li>mechanical and chemical degradation of food</li> <li>absorption of nutrients</li> <li>removal of indigestible food.</li> </ul>  <p><b>Stages of Digestion</b></p> <p>Labels: ingesting, digesting, absorbing, eliminating, salivary glands, esophagus, liver, gallbladder, large intestine, anus, stomach, pancreas, small intestine, rectum.</p> <p><small>Figure 2.12 The four stages of digestion in the digestive system</small></p>	<p>Through questions and answers, conclude the lesson.</p> <p><b>Exercise;</b></p> <ol style="list-style-type: none"> <li>What is Digestion?</li> <li>Explain the stages of Digestion process.</li> </ol> <p><b>Assignment;</b></p> <p>Draw the Digestive System of Human</p>

**Name of Teacher:**

**School:**

**District:**