

EaD Comprehensive Lesson Plans



or



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BASIC 8

WEEKLY LESSON PLAN – WEEK 3

Strand:	Material for Production		Sub-Strand:	Food commodities (animal and plant sources)	
Content Standard:	B8.2.4.1 Demonstrate understanding of the functions of food commodities				
Indicator (s)	B8.2.4.1.1: Explore the functions of food to the body		Performance Indicator: Learners can use Smart and Modern Materials.		
Week Ending	21-04-2023				
Class	B.S.8	Class Size:		Duration:	
Subject	Career Technology				
Reference	Career Technology Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.				
Teaching / Learning Resources	Sand, Stone, Cement, Pictures, Poster, Video.		Core Competencies:	<ul style="list-style-type: none">• Communication and Collaboration• Critical Thinking and Problem Solving.	
DAY/DATE	PHASE 1 : STARTER	PHASE 2: MAIN			PHASE 3: REFLECTION
MONDAY 17-04-2023	Show Learners food commodities gathered on a table in front of the class.	<div>1. Assist Learners to identify examples of food commodities on the table by their names.</div> <div>2. Learners brainstorm to classify food commodities according to their basic functions.</div> <div>3. Discuss with Learners examples of body building food, energy giving food and protective food.</div> <div></div> <div>Examples of Food Commodities;</div> <div><ul style="list-style-type: none">○ Grains</div>			<div>Reflect of the need to eat.</div> <div>Exercise;</div> <div><div>1. What is Food?</div></div> <div>Mention 5 examples of Food Commodities.</div>

		<ul style="list-style-type: none"> ○ Gold ○ Beef ○ Oil <p>natural gas.</p>	
FRIDAY 21-04-2023	Through questions and answers, review Learners knowledge on the previous lesson.	<ol style="list-style-type: none"> 1. Discuss with Learners on how to relate food commodities to their functions. 2. Assist Learners to explain the types pf food commodities. 3. Learners in small groups to discuss on the characteristics of food commodities. <p>Types of Food Commodities;</p> <ul style="list-style-type: none"> • Grains • dairy products • Meat • Egg • Sugar • fruits • vegetables <p>Physical Properties of Food Commodities</p> <ul style="list-style-type: none"> • Biological. Agricultural produce can be viewed as a period that still has the nature of life. • Chemical (nutritional value) • Sugar content changes. • The content of ATP (Adenosine Tri Phosphate) • CO2 production. 	Each group to report on their discussions.

Name of Teacher:

School:

District: