EaD Comprehensive Lesson Flans



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BASIC 7

WEEKLY LESSON PLAN – WEEK 4

Strand:	Materials for P	Production Sub-Strai		d: Food		d commodities (animal and plant sources)				
	B7.2.4.1 Demonstrate knowledge of basic food commodities									
Content Standard:										
Indicator (s)	B7.2.4.1.1: Discuss food commodities Performance Indicator: Learners of commodities.						ers can	classify food		
Week Ending	28-04-2023									
Class	B.S.7	Class Size:		Durat		ion:				
Subject	Career Technology									
Reference	Career Technology Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.									
Teaching / Learning Resources	plastic, wood, and their comp	ess Cor	e Competenc	 Critical Thinking and Problem Solving Communication and Collaboration. 						
DAY/DATE	PHASE 1 : STARTER	PHASE 2: MA	IN					PHASE 3: REFLECTION		
MONDAY 24-04-2023	Learners brainstorm to explain the meaning of Food.	 Individula Learners to mention examples of Food. Assist Learners to explain Food Coomodities. Discuss with Learners 5 examples of Food commodities Meaning of Food; Food is any nutrient-rich material consumed or absorbed by humans, animals, or plants in order to sustain life and growth.					á	Through questions and answers, conclude the lesson. Exercise; 1. Differentiate between Food and		
		Red-red: bBeans, pla"One Man sardine.Ghanaian	Banku and grilled tilapia fish. Red-red: bean and fish stew with fried plantain. Beans, plantain, and chicken. "One Man Thousand": cooked shrimp and fried Tanganyik.			ika	Food and Food Commodity. 2. State 5 examples each; 3. i. Food 4. Food Commodities			



Food Commodities;

Food commodities can be either raw agricultural commodities or processed commodities, provided that they are the forms that are sold or distributed for human consumption.

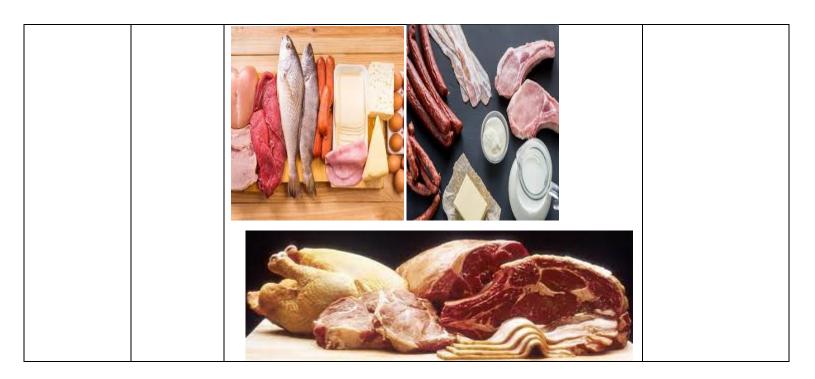




THURSDAY	Review Learners	Assist Learners to classify food commodities under two main sources.	Reflect on the
	knowledge	2. Discuss with Learners the meanings of the two sources of	reasons for eating food.
27-04-2023	on the	food commodities.	
27-04-2025	previous	3. Learners brainstorm to identify examples of the sources of	Exercise;
	lesson.	Food commodities.	1. What are the
		Sources of Food Commodities;	two sources of food commodities State 5 reasons why is important to eat food.
		✓ Plant source	
		✓ Animal Source	
		Examples of plant source of Food;	
		Fruits: Apples, Oranges, Bananas, Mangoes	
		Leaves: Spinach, Coriander, Kale, Lettuce	
		Root: Potato, Carrots, Turnips	
		Seeds: Rice, wheat, maize, nuts (peanuts, almonds)	
		Examples of Animal Source of Food;	
		Chicken (poultry)	
		Bacon/pork which comes from pigs	
		Mutton which is from lambs	
		Venison from deer	
	1		I

Beef from cows and buffalos

Chevon which is goat meat



Name of Teacher: School: District: