

EaD Comprehensive Lesson Plans



or



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BASIC 7

WEEKLY LESSON PLAN – WEEK 5

Strand:	Physical Activity Education		Sub-Strand:	Traditional/global rhythmic gymnastics, games and dance	
Content Standard:	B7.2.1.2 Demonstrate understanding of variety of traditional dances and adaptations for inclusivity and cultural identity.				
Indicator (s)	B7.2.1.2.1-Explore and perform a variety of traditional dance and adaptation for acquisition of skills and cultural identity.		Performance Indicator: Learners can identify examples of traditional dances that portrays cultural identity.		
Week Ending	05-05-2023				
Class	B.S.7	Class Size:		Duration:	
Subject	Physical Health Education				
Reference	Physical Health Education Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook				
Teaching / Learning Resources	Poster, Pictures, Video		Core Competencies:	<ul style="list-style-type: none">• Critical Thinking• Problem Solving	
DAY/DATE	PHASE 1 : STARTER	PHASE 2: MAIN			PHASE 3: REFLECTION
TUESDAY 02-05-2023	Show Video and pictures of traditional dances to the Learners.	<div>1. Learners brainstorm to identify examples of traditional dances in their locality.</div> <div>2. Discuss with Learners on variety of traditional dances among the ethnic groups in Ghana.</div> <div>3. Assist Learners to describe how each traditional dance is performed in your locality.</div> <div>4. Demonstrate performing traditional dances.</div> <div>Examples of Traditional Dances;</div> <div><ul style="list-style-type: none">• Adowa• Bamaya• Bima• Boborbor• Kpalongo• Agbedza• Patsa• Homowo• Gome• Apatampa</div>			Assist Learners to perform traditional dances in their locality.

		 	
FRIDAY 05-05-2023	Review Learners knowledge on the previous lesson.	<ol style="list-style-type: none"> 1. Assign examples of traditional dances to small groups of Learners to perform. 2. Discuss with Learners on the importance of traditional dance. <p>Importance of Traditional Dance;</p> <ul style="list-style-type: none"> • Traditional dance serves a complex diversity of social purposes. • Traditional dance performance usually has a principal as well as a number of subsidiary purposes, which may express or reflect the communal values and social relationships of the people. • It is also the way that other people could have respect, knowledge and give importance to our traditions and norms. 	Through questions and answers, conclude the lesson.

Name of Teacher:

School:

District: