

EaD Comprehensive Lesson Plans



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BASIC 8

WEEKLY LESSON PLAN – WEEK 9

Strand:	Creative Arts		Sub-Strand:		Connections in Local and Global Cultures	
Content Standard:	B8. 2.3.3. Demonstrate the capacity to correlate ideas from creative artworks of dance and drama artistes that reflect a range of different times, cultures and topical issues.					
Indicator (s)	B8.2.3.3.6 Select and analyze creative artworks of dance and drama artistes, and identify the history, culture, environment and topical issues that are reflected in them for documentation.			Performance Indicator: Learners can identify the importance of dance and drama to the nation Ghana.		
Week Ending	25-08-2023					
Class	B.S.8	Class Size:		Duration:		
Subject	Creative Arts & Design					
Reference	Creative Art Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook					
Teaching / Learning Resources	Chart, Poster, Picture, video		Core Competencies:		<ul style="list-style-type: none">Develop and express respect, recognition and appreciation of own others' cultureAbility to combine information and ideas from several sources to reach a conclusionExhibit a sense of nationality and global identityTake on different roles in their team to complete a task	
DAY/DATE	PHASE 1 : STARTER	PHASE 2: MAIN				PHASE 3: REFLECTION

<p>TUESDAY</p>	<p>Discuss the difference between performing art and dance with the Learners.</p>	<ol style="list-style-type: none"> 1. Assist Learners to identify examples of dance piece and plays that reflect on the history, culture and topical issues of Ghana. 2. Learners brainstorm to identify the artistes of the dance piece and plays discussed. 3. Discuss with Learners on how dance or play addresses environmental and topical issues. <p>Ghana Dance</p> <p>Inseparable from traditional music, the dance and ceremony that accompanies it is used to greet gods and spirits, to re-enact or tell a story or legend, or simply as a social recreation. These ceremonial dances may occur at funerals, celebrations, important historical dates and festivals.</p> <p>There are simply too many rituals and dances to describe, but here are some of the major dances that you may encounter while in Ghana.</p> <p>♪ Adzogbo ♪</p>  <p>Originally a war dance, now adapted as a social and recreational dance. Women begin the dance with Kadodo, a dance with elegant movement of the arms and taps and hops from the leading foot. Men follow in a series of energetic Atsia, performances which show their strength, dexterity and agility. This is a dance among the Ewe people in the Volta Region.</p> <p>♪ Borborbor ♪</p> <p>Borborbor is a tribal dance of the Ewe people in the Volta Region and southern Togo. The dance involves performers mainly females in colorful long dress and two white handkerchiefs forming a circle, and swaying to the rhythmic beats of the music produced by the drums</p>	<p>Learners brainstorm to identify examples of dance and play that addresses environmental and topical issues in Ghana.</p> <p>Exercise;</p> <p>State 5 examples of dance and plays that reflect on the history, culture and topical issues of Ghana.</p>
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played by the musicians. While dancing, the performers are supposed to spin the two handkerchiefs in the air.

♪ **Kple** ♪



A religious dance from Greater Accra, this dance is performed by priestesses at shrines during the Homowo festival in late August & early September. This dance is used to communicate with the gods and to bring blessings.

♪ **Kpanlogo** ♪

A popular recreational dance among the Ga-Adangbe people of Greater Accra. A movement in the dance reflects themes such as social issues, politics, and expression of human feelings. The kpanlogo dance is often performed low to the ground with bent knees and bent back and frequently features sexually suggestive motions.

♪ **Bamaya** ♪



This is a dance of the Dagbamba tribe from northern Ghana. This is an outrageous display of men dressed as women in a dignified, graceful, and thoroughly campy celebration. It

marks the end of a great drought that occurred in the 19th century and was ended when the men all dressed as women to ask the gods for help because prayers by women supposedly get a quicker response.

♪ Adowa ♪

Adowa in the Akan language mean “Antelope”. The Adowa dance is a dance by the Akan people of Ghana which is believed to have originated from mimicking the unusual steps of a sacrificial antelope.

It is danced at ceremonies such as marriage, naming ceremony, funerals, festivals, enstoolment and destoolment of chiefs and queen mothers etc.

It is characterized with moving hands accompanied by footsteps and more often than not the dance communicates a particular message. Depending on what the dancer wants to say to his/her audience the dance could be a praise dance, it could be a dance to issue warning, to rain insult on someone, to show power and domination, to express joy etc.

♪ Nmina ♪

This is a dance seen at social gatherings in the Northern region. It is performed by women singing praise to their creator and those who have help to raise them in life. The Calabash features prominently in this dance as a musical instrument as well as dancing accessory.

♪ Agbadza ♪



This is a traditional dance of the Ewe tribe of the Volta Region.

		<p>Performed by men and women accompanied by drums, rattles and gong-gong, there are two main movements: A slow step where the arms move back and forth while extended downwards, and a fast step where the arms flap at the side with elbows extended.</p>	
WEDNESDAY	Review Learners knowledge on the previous lesson.	<ol style="list-style-type: none"> 1. Discuss with Learners on the significance of dance and play to the Community and to the nation. 2. Learners brainstorm to identify the roles dance and play artistes play in the Community and the nation. 3. Assist Learners to describe ways of expressing opinions, emotions, feelings, or taste through dance and drama or play. <p>Significance of Dance and Play to the Society;</p> <p>✓ Physical Exercise Dancing provides an excellent form of physical exercise. Not only does it help to improve balance, coordination, and flexibility, but it can also be great fun. This makes it much easier for people of all ages to get involved and stay active. For instance, dance classes can provide a safe and enjoyable way for seniors to stay fit, while aerobic dance classes can offer an effective cardiovascular workout.</p> <p>✓ Stress Relief Dancing is a great way to reduce stress and tension after a long day. It helps to release endorphins, the body's natural feel-good chemical, which can help to improve overall mood and mental health. Additionally, the physical activity associated with dancing can help to burn off excess energy, allowing people to better manage their stress levels.</p> <p>✓ Cultural Appreciation By participating in traditional dances or learning about those of other cultures, one can gain a greater appreciation for history and diversity. It is also a great way to bring people together since the common language of dance can transcend cultural boundaries. According to a recent study, those who participated in traditional and cultural dance activities reported feeling more connected to their heritage, community, and the world.</p> <p>✓ Social Interaction</p>	<p>Through questions and answers, conclude the lesson.</p> <p>Exercise;</p> <p>State 5 roles of dance and play artistes in your Community.</p>

		<p>Dancing provides an opportunity for people of all ages to get together and socialize with each other. Whether it's at a formal ballroom event or simply taking a class together, the shared experience of dancing helps to create a sense of connection and community. In addition, dancing can help to break down barriers between people since everyone is able to express themselves through movement.</p> <p>✓ Improved Mental Health</p> <p>Studies have shown that dance can help to reduce symptoms of depression, anxiety, and stress in both adults and children. In addition, research has found that dancing can help to improve the overall self-esteem and confidence of those who participate in it regularly.</p>	
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School:

District: