

## EaD Comprehensive Lesson Plans



or



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<https://www.TeachersAvenue.net>

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### **FIRST TERM SCHEME OF LEARNING, 2024**

#### **SUBJECT: PHYSICAL EDUCATION - Basic 7**

WEEK	WEEK ENDING	STRAND	SUB STRAND	CONTENT STANDARD	INDICATORS	RESOURCES
1	<b>06-10-2023</b>	Health Education	Nutrition and Physical activity.	B7.1.1.1	B7.1.1.1.1	Food stuffs, Pictures, Video, Chart.
2	<b>13-10-2023</b>	Health Education	Nutrition and Physical activity.	B7.1.1.1	B7.1.1.1.1	Food stuffs, Pictures, Video, Chart.
3	<b>20-10-2023</b>	Health Education	Nutrition and Physical activity.	B7.1.1.1	B7.1.1.1.1	Food stuffs, Pictures, Video, Chart.
4	<b>27-10-2023</b>	Health Education	Nutrition and Physical activity.	B7.1.1.1	B7.1.1.1.2	Food stuffs, Pictures, Video, Chart.
5	<b>03-11-2023</b>	Health Education	Nutrition and Physical activity.	B7.1.1.1	B7.1.1.1.2	Food stuffs, Pictures, Video, Chart.
6	<b>10-11-2023</b>	Health Education	Nutrition and Physical activity.	B7.1.1.1	B7.1.1.1.2	Food stuffs, Pictures, Video, Chart.
7	<b>17-11-2023</b>	Health Education	Disease Prevention and Management	B7.1.2.1	B7.1.2.1.1	Posters, Pictures, Video.
8	<b>24-11-2023</b>	Health Education	Disease Prevention and Management	B7.1.2.1	B7.1.2.1.1	Posters, Pictures, Video.
9	<b>01-12-2023</b>	Health Education	First aid, injury prevention and management	B7.1.3.1	B7.1.3.1.1	Pictures, Video, Posters, First Aid box.
10	<b>08-12-2023</b>	Health Education	First aid, injury prevention and management	B7.1.3.1	B7.1.3.1.2	Pictures, Video, Posters, First Aid box.
11	<b>15-12-2023</b>	REVISION				
12	<b>22-12-2023</b>	EXAMINATION				