**FIRST TERM SCHEME OF LEARNING, 2024**

**SUBJECT: PHYSICAL EDUCATION – BASIC 9**

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| **WEEK** | **WEEK ENDING** | **STRAND** | **SUB STRAND** | **CONTENT STANDARD** | **INDICATORS** | **RESOURCES** |
| 1 | **06-10-2023** | Health Education | Nutrition and Physical activity | B9.1.1.1 | B9.1.1.1.1 |  |
| 2 | **13-10-2023** | Health Education | Nutrition and Physical activity | B9.1.1.1 | B9.1.1.1.1 |  |
| 3 | **20-10-2023** | Health Education | Nutrition and Physical activity | B9.1.1.1 | B9.1.1.1.1 |  |
| 4 | **27-10-2023** | Health Education | Nutrition and Physical activity | B9.1.1.1 | B9.1.1.1.2 |  |
| 5 | **03-11-2023** | Health Education | Nutrition and Physical activity | B9.1.1.1 | B9.1.1.1.2 |  |
| 6 | **10-11-2023** | Health Education | Nutrition and Physical activity | B9.1.1.1 | B9.1.1.1.2 |  |
| 7 | **17-11-2023** | Health Education | Nutrition and Physical activity | B9.1.1.1 | B9.1.1.1.2 |  |
| 8 | **24-11-2023** | Physical Activity Education | Traditional/Global Rhythmic Gymnastics, Game and Dance | B9.2.1.1 | B9.2.1.1.1 |  |
| 9 | **01-12-2023** | Physical Activity Education | Traditional/Global Rhythmic Gymnastics, Game and Dance | B9.2.1.2 | B9.2.1.2.1 |  |
| 10 | **08-12-2023** | Physical Activity Education | Traditional/Global Rhythmic Gymnastics, Game and Dance | B9.2.1.3 | B9.2.1.3.1 |  |
| 11 | **15-12-2023** | REVISION |  |  |  |  |
| 12 | **22-12-2023** | EXAMINATION |  |  |  |  |