

EaD Comprehensive Lesson Plans



or



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BASIC 7

WEEKLY LESSON PLAN – WEEK 7

Strand:	Family Life	Sub-Strand:	Adolescent Reproductive Health		
Content Standard:	B7.2.1.1 Demonstrate understanding of adolescent behaviour and Reproductive Health Issues				
Indicator (s)	B7.2.1.1.1. Examine issues on adolescent behaviour and reproductive health		Performance Indicator:		
Week Ending	17-11-2023				
Class	B.S.7	Class Size:		Duration:	
Subject	Social Studies				
Reference	Social Studies Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.				
Teaching / Learning Resources	Power Point Presentation, Charts, Pictures, Video		Core Competencies:	<ul style="list-style-type: none"> • Personal Development and Leadership • Critical Thinking and Problem Solving. • Communication and Collaboration. 	
DAY/DATE	PHASE 1 : STARTER	PHASE 2: MAIN			PHASE 3: REFLECTION
MONDAY	Review Learners knowledge on the previous Lesson.	<ol style="list-style-type: none"> 1. Assist Learners to identify challenges faced by Adolescents. 2. Using a Power Point Presentation, explain the challenges faced by Adolescents. 3. Assist Learners to role play on the challenges faced by Adolescents. 4. Learners brainstorm to identify ways of dealing with challenges Adolescents face. <p>Challenges Faced by Adolescents;</p> <ul style="list-style-type: none"> • Self-Esteem and Body Image. • Stress. • Bullying. • Depression. • Cyber Addiction. • Drinking and Smoking. • Teen Pregnancy. • Underage Sex. <p>Facing The Challenges Of Adolescence</p> <ul style="list-style-type: none"> • Know your values. Your values are what you believe in, what you think is right or wrong, and what is most important to you. • Draw up a plan for your life. • Develop yourself. • Have a role model. 			<p>Reflect on the challenges Adolescents face and how to deal with them.</p> <p>Exercise;</p> <ol style="list-style-type: none"> 1. Write 5 challenges faced by Adolescents. 2. Explain ways of dealing with the challenges stated in question 1.

		<ul style="list-style-type: none"> • Make decisions. • Be Assertive. • Learn a Skill. • Take advantage of holiday periods. 	
<p>THURSDAY</p>	<p>Discuss with Learners the meaning of “Adolescence behavioral and psychological adjustment”.</p>	<ol style="list-style-type: none"> 1. Assist learners to identify ways of Adolescence behavioral and Psychological adjustment. 2. Learners in small groups to discuss and report to the class the meanings of the ways of adjusting Adolescents behaviour and psychological thinking. <p>Behavioural And Psychological Adjustment;</p> <ul style="list-style-type: none"> • Identity formation • Aggression and Anti-social behaviour • Anxiety and Depression • Academic achievement • Diversity 	<p>Through questions and answers, conclude the lesson.</p>

Name of Teacher:

School:

District: