

EaD Comprehensive Lesson Plans



or



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SECOND TERM SCHEME OF LEARNING, 2024

SUBJECT: PHYSICAL HEALTH EDUCATION -BASIC 8

WEEK	WEEK ENDING	STRAND	SUB STRAND	CONTENT STANDARD	INDICATORS	RESOURCES
1	12-01-2024	DISCUSSION OF LAST TERM EXAMINATION QUESTIONS (REVISION)				
2	19-01-2024	Physical Activity Education	Physical Fitness	B8.2.2.3	B8.2.2.3.1	Power Point Presentation, Word chart, Poster, Pictures.
3	26-01-2024	Physical Activity Education	Physical Fitness	B8.2.2.3	B8.2.2.3.1	Power Point Presentation, Word chart, Poster, Pictures.
4	02-02-2024	Physical Activity Education	Physical Fitness	B8.2.2.3	B8.2.2.3.1	Power Point Presentation, Word chart, Poster, Pictures.
5	09-02-2024	Physical Activity Education	Organized Sports Participation	B8.2.3.1	B8.2.3.1.1	Ball, skipping role, Poster, Pictures, Video showing ball and racket physical activities.
6	16-02-2024	Physical Activity Education	Organized Sports Participation	B8.2.3.1	B8.2.3.1.1	Ball, skipping role, Poster, Pictures, Video showing ball and racket physical activities.
7	23-02-2024	Physical Activity Education	Organized Sports Participation	B8.2.3.1	B8.2.3.1.1	Ball, skipping role, Poster, Pictures, Video showing ball and racket physical activities.
8	01-03-2024	Physical Activity Education	Organized Sports Participation	B8.2.3.1	B8.2.3.1.1	Ball, skipping role, Poster, Pictures, Video showing ball and racket physical activities.
9	08-03-2024	Physical Activity Education	Organized Sports Participation	B8.2.3.1	B8.2.3.1.2	Ball, skipping role, Poster, Pictures, Video showing ball and racket physical activities.
10	15-03-2024	Physical Activity	Organized Sports	B8.2.3.1	B8.2.3.1.2	Ball, skipping role,

		Education	Participation			Poster, Pictures, Video showing ball and racket physical activities.
11	22-03-2024	Physical Activity Education	Organized Sports Participation	B8.2.3.1	B8.2.3.1.3	Ball, skipping role, Poster, Pictures, Video showing ball and racket physical activities.
12	29-03-2024	Physical Activity Education	Organized Sports Participation	B8.2.3.1	B8.2.3.1.3	Ball, skipping role, Poster, Pictures, Video showing ball and racket physical activities.
13	05-04-2024	REVISION				
14	12-04-2024	EXAMINATION				