

EaD Comprehensive Lesson Plans

Strand:	Sense of Purpose	Sub-Strand:	Self-Identity
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or



0248043888

<https://www.TeachersAvenue.net>

<https://TrendingGhana.net>

<https://www.mcgregorinriis.com> **BASIC 7**

WEEKLY LESSON PLAN – WEEK 2

Content Standard:	B7.3.1.1 Show Understanding of Self as a unique individual				
Indicator (s)	B7.3.1.1.1. Exhibit knowledge of self-identity		Performance Indicator: Learners can identify their strength and weaknesses.		
Week Ending	19-01-2024				
Class	B.S.7	Class Size:		Duration:	
Subject	Social Studies				
Reference	Social Studies Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.				
Teaching / Learning Resources	Power Point Presentation, Charts, Pictures, Video		Core Competencies:	<ul style="list-style-type: none">• Personal Development and Leadership• Critical Thinking and Problem solving.• Communication and Collaboration.	
DAY/DATE	PHASE 1 : STARTER	PHASE 2: MAIN			PHASE 3: REFLECTION
TUESDAY	Discuss meanings of keywords and terminologies in the lesson with the Learners.	<div>1. Discuss the meanings of ‘Self’ and ‘Self Identity’ with the Learners.</div> <div>2. Assist Learners to identify examples of Self-Worth attitudes.</div> <div>3. Learners brainstorm to describe attitudes that enhances self-worth.</div> <div>Self-Identity;</div> <div>Self-identity refers to stable and prominent aspects of one's self-perception (e.g., 'I think of myself as a green consumer'; Sparks & Shepherd, 1992). Researchers have added the concept of self-identity to the theory of planned behaviour in studies that explain organic food consumption choices.</div> <div>Self-Worth ;</div> <div>Self-worth is the internal sense of being good enough and worthy of love and belonging from others. Self-worth is often confused with self-esteem, which relies on external factors such as successes and achievements to define worth and can often be inconsistent leading to someone struggling with feeling worthy.</div> <div>Attitudes that enhance self-worth;</div> <div><div>○ Self-respect</div><div>○ self-confidence</div><div>○ can-do spirit</div></div>			<div>Through questions and answers, conclude the lesson.</div> <div>Exercise;</div> <div>Explain the following;</div> <div><div>i. Self</div><div>ii. Self-identity</div><div>iii. Self-worth</div></div> <div>Self-Confidence</div>

		positive attitude towards life	
WEDNESDAY	Review Learners knowledge on the previous lesson.	<div><div><div>1. Assist Learners to identify examples of strength and weakness of an individual.</div><div>2. Individual Learners brainstorm to tell the class their strength and weaknesses.</div><div>3. Discuss with Learners how to overcome a person’s weaknesses in life.</div></div><div><div>Examples of Strength;</div><div><div>• Enthusiasm.</div><div>• Trustworthiness.</div><div>• Creativity.</div><div>• Discipline.</div><div>• Patience.</div><div>• Respectfulness.</div><div>• Determination.</div><div>• Dedication.</div></div></div><div><div>Examples of Weaknesses.</div><div><div>• Self-criticism.</div><div>• Shyness.</div><div>• Lack of knowledge of particular software.</div><div>• Public speaking.</div><div>• Taking criticism.</div><div>• Lack of experience.</div><div>• Inability to delegate.</div><div>• Lack of confidence.</div></div></div></div> <div><div>List of strengths & weaknesses</div><div><div>Strengths :</div><div><div>1 Creativity</div><div>2 Versatility</div><div>3 Flexibility</div><div>4 Focused</div><div>5 Taking Initiative</div></div></div><div><div>Weaknesses :</div><div><div>1 Self-criticism</div><div>2 Insecure</div><div>3 Too detail oriented</div><div>4 Public Speaking</div><div>5 Presentation Skills</div></div></div></div>	<div>Reflect on the need to know oneself.</div> <div>Exercise</div> <div><div>1. Describe 5 strength and weakness of a person.</div></div> <div>Explain 5 ways of overcoming weaknesses in life.</div>

Name of Teacher:

School:

District: