EaD Comprehensive Lesson Plans

Strand:	Material for Production	Sub-Strand:	Food commodities (animal and plant	
			sources)	



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BASIC 8

WEEKLY LESSON PLAN – WEEK 3

Content Standard:	B8.2.4.1 Demonstrat	e understanding of the fund	ctions of food commodit	ies			
Indicator (s)	B8.2.4.1.1: Explore the functions of food to the body Performance Indicator: Learner and Modern Materials.				n use Smart		
Week Ending	26-01-2024						
Class	B.S.8	Class Size:	Duration:				
Subject	Career Technology						
Reference	Career Technology Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.						
Teaching / Learning Resources	Video. Competencies: Collabo				king and		
DAY/DATE	PHASE 1 : STARTER	PHASE 2: MAIN	L		ASE 3: FLECTION		
MONDAY	Show Learners food commodities gathered on a table in front of the class.	commodities on 2. Learners brainsto commodities acc 3. Discuss with Lea	ording to their basic functions examples of body on food and protective for the food a	ctions. puilding ood. Men exar	ect of the d to eat. cise; 1. What is Food? Ition 5 Food modities.		

FRIDAY	Through questions	1.	Discuss with Learners on how to relate food	Each group to
	and answers,		commodities to their functions.	report on their
	review Learners	2.	Assist Learners to explain the types pf food	discussions.
	knowledge on the		commodities.	
	previous lesson.	3.	Learners in small groups to discuss on the	
			characteristics of food commodities.	
		Types of Food Commodities; • Grains		
		•	dairy products	
		•	Meat	
		•	Egg	
		•	Sugar	
		•	fruits	
		•	vegetables	
	Physical Properties of Food Commodities			
		•	Biological. Agricultural produce can be viewed as a period that still has the nature of life.	
		•	Chemical (nutritional value)	
		•	Sugar content changes.	
		•	The content of ATP (Adenosine Tri Phosphate)	
		•	CO2 production.	
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District:

School:

Name of Teacher: