

EaD Comprehensive Lesson Plans

**DISCUSSION OF LAST TERM EXAMINATION QUESTIONS
(REVISION)**



or



0248043888

<https://www.TeachersAvenue.net>

<https://TrendingGhana.net>

<https://www.mcgregorinriis.com>

BASIC 8

WEEKLY LESSON PLAN – WEEK 1

Week Ending	12-01-2024																																																					
Class	B.S.8	Class Size:		Duration:																																																		
Subject	Physical Health Education																																																					
Reference	Examination Questions, Marking Scheme, Learners Note books, Marked Scripts.																																																					
DAYS	PHASE 1 : STARTER	PHASE 2: MAIN		PHASE 3: REFLECTION																																																		
WEDNESDAY	Ask Learners to take their copies of the Previous term examination questions and the marked answer sheets for discussion.	<ol style="list-style-type: none"> Select a model reader to read the essay type questions to the class. Call Individual Learners at random to answer questions. Discuss questions with the Learners. <p>Samples of Essay Type Questions;</p> <p><i>Answer All Questions from this Part</i></p> <ol style="list-style-type: none"> Copy and complete the table below; <table border="1"> <thead> <tr> <th>S/ N</th> <th>FOOD NUTRIENT</th> <th>SOURCE</th> <th>FUNCTION</th> </tr> </thead> <tbody> <tr> <td>a</td> <td>Carbohydrates</td> <td></td> <td></td> </tr> <tr> <td>b</td> <td>Protein</td> <td></td> <td></td> </tr> <tr> <td>c</td> <td>Fats</td> <td></td> <td></td> </tr> <tr> <td>d</td> <td>Vitamins</td> <td></td> <td></td> </tr> <tr> <td>e</td> <td>Minerals</td> <td></td> <td></td> </tr> </tbody> </table> <ol style="list-style-type: none"> The table below consists of common sports and physical activity injuries. Copy and complete the table. <table border="1"> <thead> <tr> <th rowspan="2">S/ N</th> <th rowspan="2">COMMON INJURIS</th> <th colspan="2">TICK ✓</th> </tr> <tr> <th>MINOR</th> <th>MAJOR</th> </tr> </thead> <tbody> <tr> <td>a</td> <td>Fracture</td> <td></td> <td></td> </tr> <tr> <td>b</td> <td>Laceration</td> <td></td> <td></td> </tr> <tr> <td>c</td> <td>Bruises</td> <td></td> <td></td> </tr> <tr> <td>d</td> <td>Knee pain</td> <td></td> <td></td> </tr> <tr> <td>e</td> <td>Strain</td> <td></td> <td></td> </tr> </tbody> </table>		S/ N	FOOD NUTRIENT	SOURCE	FUNCTION	a	Carbohydrates			b	Protein			c	Fats			d	Vitamins			e	Minerals			S/ N	COMMON INJURIS	TICK ✓		MINOR	MAJOR	a	Fracture			b	Laceration			c	Bruises			d	Knee pain			e	Strain			Give Learners exercise on samples of the examination questions to answer in their exercise books.
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		f	Deep cuts		
		g	Internal bleeding		
		h	Sprain		
		i	Dislocation		
		j	Lower back pain		

THURSDAY	A model reader to read multiple choice questions to the class.	<ol style="list-style-type: none"> 1. Call Individual Learners at random to choose correct answers among options. 2. Learners brainstorm to give reasons or explanations to their answers. 3. Discuss with Learners answers to challenging multiple choice. <p>Samples of Objective Test Questions;</p> <ol style="list-style-type: none"> 1. The most suitable class formation for teaching shotput is a (A) Circle (B) Triangle (C) Semicircle (D) Square 2. Which deficiency in the blood causes inflammation in body parts? (A) White Blood Cells (B) Red Blood Cells (C) Platelets (D) Antibodies 3. Profuse sweating, during strenuous physical activity causes the loss of– (A) Sodium chloride (B) Potassium (C) Calcium (D) Glycogen 4. In which Olympic did women participate for the first time? (A) 1896 Athens (B) 1900 Paris (C) 1920 Antwerp (D) 1928 Amsterdam 	Give Learners exercise on samples of the A-D multiple choice questions to answer in their exercise books.
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5. The two great dangers of wounds are

(A) Bleeding and infection

(B) Pain and swelling

(C) Shock and shivering

(D) Burnign and loss of tissue

Name of Teacher:

School:

District: