

## **EaD Comprehensive Lesson Plans**



or



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<https://www.TeachersAvenue.net>



<https://TrendingGhana.net>

<https://www.mcgregorinriis.com>

### **BASIC 7**

### **WEEKLY LESSON PLAN – WEEK 5**

<b>Strand:</b>	Physical Activity Education		<b>Sub-Strand:</b>	Traditional/global rhythmic gymnastics, games and dance	
<b>Content Standard:</b>	B7.2.1.2 Demonstrate understanding of variety of traditional dances and adaptations for inclusivity and cultural identity.				
<b>Indicator (s)</b>	B7.2.1.2.1-Explore and perform a variety of traditional dance and adaptation for acquisition of skills and cultural identity.		<b>Performance Indicator:</b> Learners can identify examples of traditional dances that portrays cultural identity.		
<b>Week Ending</b>	09-02-2024				
<b>Class</b>	B.S.7	<b>Class Size:</b>		<b>Duration:</b>	
<b>Subject</b>	Physical Health Education				
<b>Reference</b>	Physical Health Education Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook				
<b>Teaching / Learning Resources</b>	Poster, Pictures, Video		<b>Core Competencies:</b>	<ul style="list-style-type: none"><li>• Critical Thinking</li><li>• Problem Solving</li></ul>	
<b>DAY/DATE</b>	<b>PHASE 1 : STARTER</b>	<b>PHASE 2: MAIN</b>			<b>PHASE 3: REFLECTION</b>
<b>TUESDAY</b>	Show Video and pictures of traditional dances to the Learners.	<div>1. Learners brainstorm to identify examples of traditional dances in their locality.</div> <div>2. Discuss with Learners on variety of traditional dances among the ethnic groups in Ghana.</div> <div>3. Assist Learners to describe how each traditional dance is performed in your locality.</div> <div>4. Demonstrate performing traditional dances.</div> <div><b>Examples of Traditional Dances;</b></div> <div><ul style="list-style-type: none"><li>• Adowa</li><li>• Bamaya</li><li>• Bima</li><li>• Boborbor</li><li>• Kpalongo</li><li>• Agbedza</li><li>• Patsa</li><li>• Homowo</li><li>• Gome</li><li>• Apatampa</li></ul></div>			Assist Learners to perform traditional dances in their locality.

		 	
<b>FRIDAY</b>	Review Learners knowledge on the previous lesson.	<ol style="list-style-type: none"> <li>1. Assign examples of traditional dances to small groups of Learners to perform.</li> <li>2. Discuss with Learners on the importance of traditional dance.</li> </ol> <p><b>Importance of Traditional Dance;</b></p> <ul style="list-style-type: none"> <li>• Traditional dance serves a complex diversity of social purposes.</li> <li>• Traditional dance performance usually has a principal as well as a number of subsidiary purposes, which may express or reflect the communal values and social relationships of the people.</li> <li>• It is also the way that other people could have respect, knowledge and give importance to our traditions and norms.</li> </ul>	Through questions and answers, conclude the lesson.

Name of Teacher:

School:

District: