**FIRST TERM SCHEME OF LEARNING, 2024/2025 ACADEMIC YEAR**

**SUBJECT: PHYSICAL EDUCATION - Basic 7**

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| **WEEK** | **WEEK ENDING** | **STRAND** | **SUB STRAND** | **CONTENT STANDARD** | **INDICATORS** | **RESOURCES** |
| 1 | 13-09-2024 | Health Education | Nutrition and Physical activity. | B7.1.1.1 | B7.1.1.1.1 | Food stuffs, Pictures, Video, Chart. |
| 2 | 20-09-2024 | Health Education | Nutrition and Physical activity. | B7.1.1.1 | B7.1.1.1.1 | Food stuffs, Pictures, Video, Chart. |
| 3 | 27-09-2024 | Health Education | Nutrition and Physical activity. | B7.1.1.1 | B7.1.1.1.1 | Food stuffs, Pictures, Video, Chart. |
| 4 | 04-10-2024 | Health Education | Nutrition and Physical activity. | B7.1.1.1 | B7.1.1.1.2 | Food stuffs, Pictures, Video, Chart. |
| 5 | 11-10-2024 | Health Education | Nutrition and Physical activity. | B7.1.1.1 | B7.1.1.1.2 | Food stuffs, Pictures, Video, Chart. |
| 6 | 18-10-2024 | Health Education | Nutrition and Physical activity. | B7.1.1.1 | B7.1.1.1.2 | Food stuffs, Pictures, Video, Chart. |
| 7 | 25-10-2024 | Health Education | Disease Prevention and Management | B7.1.2.1 | B7.1.2.1.1 | Posters, Pictures, Video. |
| 8 | 01-11-2024 | Health Education | Disease Prevention and Management | B7.1.2.1 | B7.1.2.1.1 | Posters, Pictures, Video. |
| 9 | 08-11-2024 | Health Education | First aid, injury prevention and management | B7.1.3.1 | B7.1.3.1.1 | Pictures, Video, Posters, First Aid box. |
| 10 | 15-11-2024 | Health Education | First aid, injury prevention and management | B7.1.3.1 | B7.1.3.1.2 | Pictures, Video, Posters, First Aid box. |
| 11 | 22-11-2024 | Health Education | First aid, injury prevention and management | B7.1.3.1 | B7.1.3.1.1 | Pictures, Video, Posters, First Aid box. |
| 12 | 29-11-2024 | Health Education | First aid, injury prevention and management | B7.1.3.1 | B7.1.3.1.2 | Pictures, Video, Posters, First Aid box. |
| 13 | 06-12-2024 | Health Education | First aid, injury prevention and management | B7.1.3.1 | B7.1.3.1.2 | Pictures, Video, Posters, First Aid box. |
| 14 | 13-12-2024 | REVISION |  |  |  |  |
| 15 | 20-12-2024 | EXAMINATION |  |  |  |  |