

EaD Comprehensive Lesson Plans



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Strand:	Health and safety	Sub-Strand:	Environmental Health
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BASIC 7

WEEKLY LESSON PLAN – WEEK 6

Content Standard:	B7.1.3.1 Demonstrate knowledge of basic concept of Environmental Health				
Indicator (s)	B7.1.3.1.2: Explain the preventive measures of environmental health		Performance Indicator: Learners can apply preventive measures to stop poor environmental health.		
Week Ending	18-10-2024				
Class	B.S.7	Class Size:		Duration:	
Subject	Career Technology				
Reference	Career Technology Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.				
Teaching / Learning Resources	Water, pictures and video showing causes of environmental health.		Core Competencies:	<ul style="list-style-type: none">• Communication and Collaboration• Critical thinking and Problem Solving.	
DAY/DATE	PHASE 1 : STARTER	PHASE 2: MAIN			PHASE 3: REFLECTION
MONDAY	Review Learners knowledge on the previous lesson.	<div>1. Discuss with Learners 5 reasons why it is important to prevent and manage environmental health.</div> <div>2. Assist Learners to explain the concept of Primary Prevention in environmental health.</div> <div>3. Assist Learners to role play on environmental health.</div> <div>Primary Prevention—intervening before health effects occur, through. measures such as vaccinations, altering risky behaviors (poor eating. habits, tobacco use), and banning substances known to be associated.</div> <div><div>Prevention</div><div>Primary prevention To remove potential health hazards from the environment prior to population exposure and to support protective lifestyle</div><div>Secondary prevention Use of biomarkers of exposure/effects with the intention to find early signal of exposure or reversible effects and to avoid irreversible changes</div><div>Tertiary prevention Measures aiming at preventing complications that may appear in the course of the disease</div></div> <div>The need to prevent and manage environmental health;<ul style="list-style-type: none">▪ reduces the risk for diseases▪ disabilities▪ death</div>			<div>Reflect on the need to prevent and manage environmental health.</div> <div>Exercise;<div>1. What is Preventive Measures?</div><div>2. Explain the concept of Primary Prevention in environme ntal health.</div></div>

THURSDAY	Show Learners video and Pictures displaying ways of improving environmental health.	<ol style="list-style-type: none"> 1. Assist learners to identify ways of improving environmental health. 2. Using Power Point Presentation, explain the ways of improving environmental health. 3. Discuss with Learners to 5 preventive measures of poor environmental health. <p>Ways of Improving Environmental Health;</p> <ol style="list-style-type: none"> 1. Replace Chemical Cleaning Products with Natural Alternatives. 2. Reduce Allergens and Improve the Air Quality in Your Home. 3. Declutter. 4. Plant a Tree. Or, plant lots of trees. 5. Participate at the Park. Your local park or playground is a natural gathering place. 6. Pick Up Litter. Look for litter beyond the park, too. 7. Get Involved in Your Watershed Group. 8. Encourage Recycling. 9. Get More Nature in Your Life. 10. Limit Your Screen Time. 11. Use Eco-friendly and Recycled Materials in Your Home. <p>Preventive Measures of Environmental Health;</p> <ul style="list-style-type: none"> • Environmental Management. • Targets & Initiatives. • Climate Change Initiatives. • Water Resource Initiatives. • Initiatives to Reduce Waste and Reuse Resources. • Initiatives to Prevent Pollution. • Biodiversity Initiatives. • Environmental Accounting. 	Through questions and answers, conclude the lesson. Exercise; <ol style="list-style-type: none"> 1. State and explain 5 preventive measures of environmental health. 2. Write 5 ways of improving environmental health.
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School:

District: