EaD Comprehensive Lesson Plans



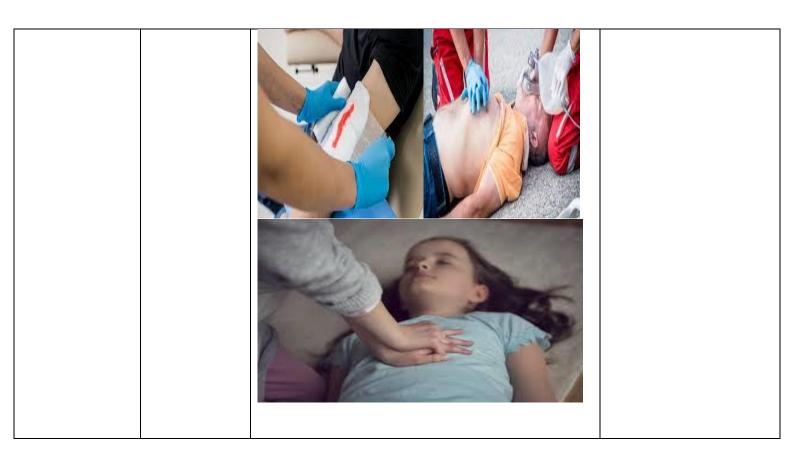
https://www.TeachersAvenue.net https://TrendingGhana.net

BASIC 8

WEEKLY LESSON PLAN – WEEK 4

Strand:	Health and safety		Sub-Strand:	Person	al, workshop	and foc	d laboratory safety	
	B8.1.2.1 Demonstrate knowledge of preventing accidents in the workshop/site/ food/sewing laboratory							
Content Standard:								
Indicator (s)	B8.1.2.1.1: Demonstrate basic skills in applying First Aid to self and others. Performance Indicator: Learners can apply First Aid skills to help self and others.							
Week Ending	04-10-2024							
Class	B.S.8	Class Size:		Durati	ion:			
Subject	Career Technology							
Reference	Career Technology Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.							
Teaching / Learning Resources	Poster, Pictures, Video. Competencies: Solvi				munication and Collaboration cal Thinking and Problem ing. tivity and Innovation.			
DAY/DATE	PHASE 1 : STARTER	PHASE 2: M.	AIN	1		PHAS REFL	E 3: ECTION	
MONDAY	Learners brainstorm to explain the meaning of "First Aid".	1. Show Learners video and pictures of applying First Aid to someone. 2. Assist Learners to identify the contents of First Aid Box. 3. Discuss with Learners the functions of the contents of the First Aid Box. FIRST AID Definition Scope Importance In some cases, first aid consists of the initial support provided to someone in the middle of a medical emergency. This support might help them survive until professional help arrives. In other cases, first aid consists of the care provided to someone with a minor injury. For example, first aid is			the co Aid Bo Exerci: 1. 2.	What is First Aid? State 5 contents of the First Aid Box. Explain the functions of the following; Sterile gauze Scissors Plaster		

		insect stings.	
		 Items in First Aid Box; plasters in a variety of different sizes and shapes. small, medium and large sterile gauze dressings. at least 2 sterile eye dressings. triangular bandages. crêpe rolled bandages. safety pins. disposable sterile gloves. tweezers. 	
THURSDAY	Review learners knowledge on the previous lesson.	 Discuss with Learners 5 principles of First Aid. Show Learners video of someone administering first aid. Demonstrate administering First Aid whilst Learners observe. Assist Learners to role plan on how to administer First Aid. Principles of First Aid Preserve Life. Prevent Deterioration. Promote Recovery. Taking immediate action. Calming down the situation. Calling for medical assistance. Apply the relevant treatment. Basic first aid treatment: CALL 911 for medical assistance. Keep victim lying down. Apply direct pressure using a clean cloth or sterile dressing directly on the wound. DO NOT take out any object that is lodged in a wound; see a doctor for help in removal. If there are no signs of a fracture in the injured area, carefully elevate the wound above the victim's heart. Once bleeding is controlled, keep victim warm by covering with a blanket, continuing to monitor for shock. 	Through questions and answers, conclude the lesson. Practical; Learners to practice administering First Aid.



Name of Teacher: School: District: