

# EaD Comprehensive Lesson Plans



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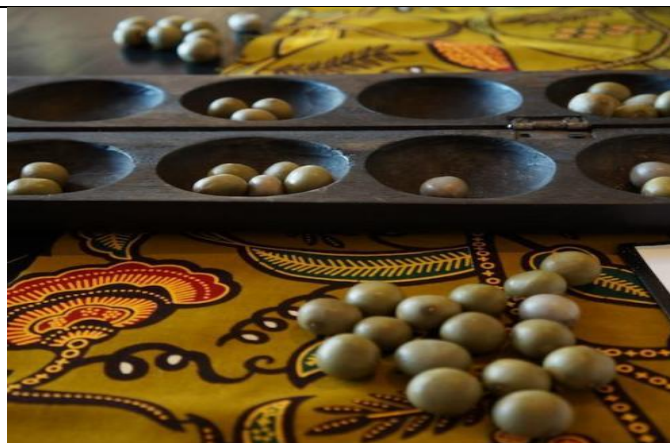
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**BASIC 8**

**WEEKLY LESSON PLAN – WEEK 4**

<b>Strand:</b>	Physical Activity Education		<b>Sub-Strand:</b>	Traditional/global rhythmic gymnastics, games and dance	
<b>Content Standard:</b>	B7.2.1.1 Demonstrate understanding of variety of traditional games and adaptations for inclusivity and cultural identity.				
<b>Indicator (s)</b>	B7.2.1.1.1 Explore and perform a variety of traditional games for skills acquisition, inclusivity and cultural identity.		<b>Performance Indicator:</b> Learners can play traditional games		
<b>Week Ending</b>	04-10-2024				
<b>Class</b>	B.S.8	<b>Class Size:</b>		<b>Duration:</b>	
<b>Subject</b>	Physical Education				
<b>Reference</b>	Physical Education Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.				
<b>Teaching / Learning Resources</b>	Poster, Pictures and Video.		<b>Core Competencies:</b>	<ul style="list-style-type: none"><li>• Critical thinking</li><li>• Problem Solving</li></ul>	
<b>DAYS</b>	<b>PHASE 1 : STARTER</b>	<b>PHASE 2: MAIN</b>			<b>PHASE 3: REFLECTION</b>
<b>MONDAY</b>	Learners brainstorm to explain traditional games.	<div>1. Assist Learners to identify examples of traditional games.</div> <div>2. Discuss with Learners how traditional games can help their culture.</div> <div>3. Learners brainstorm to identify the characteristics of traditional games.</div> <div>4. Discuss the meanings of the characteristics of traditional games.</div> <div><b>Traditional Games;</b> They are the games and movements that are traditional to our cultures.</div> <div><b>Examples;</b><ul style="list-style-type: none"><li>○ Oware</li><li>○ Ludo</li><li>○ Chess</li><li>○ Spa</li><li>○ Ampe</li><li>○ Kalo</li><li>○ Pilolo</li></ul></div>			Through questions and answers, conclude the lesson.



#### Characteristics of Traditional Games;

They don't teach players to win and lose, values which are useful in daily life.

- No special skills needed.
- They help to develop imagination and creativity.
- Regional variation.
- No pressure and full of fun

#### THURSDAY

Review Learners knowledge on the previous lesson.

1. Discuss with Learners examples of skills that can be developed in playing traditional games.
2. Demonstrate playing a traditional game for learners to observe.
3. Engage Learners in playing some examples of traditional games.



Reflect on the skills that can be developed in playing traditional games.

		<b>Skills that can be developed in playing Traditional Games;</b> <ul style="list-style-type: none"><li>✓ Agility</li><li>✓ Strength</li><li>✓ Balance</li><li>✓ Reflexes</li><li>✓ hand-eye coordination</li><li>✓ Accuracy</li><li>✓ Strategy</li><li>✓ Intuition</li><li>✓ patience.</li></ul>	
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Name of Teacher:

School:

District: