Strand:	Physical Activity Education	**Sub-Strand:**	Traditional/global rhythmic gymnastics, games and dance

or 0248043888
https://www.TeachersAvenue.net
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BASIC 8

WEEKLY LESSON PLAN – WEEK 5

Content Standard:	B7.2.1.1 Demonstrate understanding of variety of traditional games and adaptations for inclusivity and cultural identity.				
Indicator (s)	B7.2.1.1.1 Explore and perform a variety of traditional games for skills acquisition, inclusivity and cultural identity.		**Performance Indicator:** Learners can play Traditional games		
Week Ending	11-10-2024				
Class	B.S.8	**Class Size:**		**Duration:**	
Subject	Physical Education				
Reference	Physical Education Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.				
Teaching / Learning Resources	Poster, Pictures and Video.		**Core Competencies:**	• Critical thinking • Problem Solving	

DAYS	**PHASE 1 : STARTER**	**PHASE 2: MAIN**	**PHASE 3: REFLECTION**
MONDAY	Review Learners knowledge on the previous lesson.	1. Assist Learners to explain modification of traditional games. 2. Learner brainstorm to identify examples of traditional games that can be modified. 3. Assist learners to describe ways of modifying some traditional games. **Modification of traditional games;** This traditional game modification refers to different characteristics, needs and abilities in intellectual disability children. This modification makes the game become creative, innovative and fun. **Ways of Modifying Traditional Games;** o organizing play activity with traditional	**Group Work** Discuss ways of modifying the following traditional games; • Oware • Ludu • Ampe

		games. ○ It must be adjusted to the conditions abilities and characteristics, so that children can actively participate in activities related to the socialization of the surrounding environment that is playing	
THURSDAY	Discuss with Learners why some traditional games needs to be modified.	1. Learners brainstorm to identify 5 significances of modifying some traditional games. 2. Discuss with Learners on how Traditional games can improve the adaptability Learners with intellectual disability. 3. Demonstrate how some traditional games should be modified. **Significance of modifying Traditional Games;** ○ Intellectual disability children will tend to experience difficulties in understanding and interpreting the norms of the surrounding environment, also known as adaptation ○ Adaptation is a variation in the activities of an organism to overcome an obstacle and satisfy needs and emphasize a harmonious relationship with the physical and social environment	Engage learners in playing traditional games.

Name of Teacher: **School:** **District:**