

EaD Comprehensive Lesson Plans



or







0248043888


Strand:	Health and safety	Sub-Strand:	Environmental Health
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BASIC 7

WEEKLY LESSON PLAN – WEEK 5

Content Standard:	B7.1.3.1 Demonstrate knowledge of basic concept of Environmental Health				
Indicator (s)	B7.1.3.1.1: Discuss the constituents/pillars of environmental health		Performance Indicator: Learners can apply preventive measures to stop poor environmental health.		
Week Ending	11-10-2024				
Class	B.S.7	Class Size:		Duration:	
Subject	Career Technology				
Reference	Career Technology Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.				
Teaching / Learning Resources	Water, pictures and video showing causes of environmental health.		Core Competencies:	<ul style="list-style-type: none">• Critical Thinking• Problem Solving• Communication and Collaboration.	
DAY/DATE	PHASE 1 : STARTER	PHASE 2: MAIN			PHASE 3: REFLECTION
MONDAY	Discuss the meanings of keywords and terminologies in the lesson.	<div>1. Assist Learners to identify the basic components of environmental health.</div> <div>2. Learners brainstorm to explain the components of environmental health.</div> <div>3. Discuss with Learners 5 causes of environmental health using ICT tools.</div> <div>Basic components of environmental health<ul style="list-style-type: none">○ Clean air○ stable climate○ adequate water○ sanitation and hygiene○ safe use of chemicals○ protection from radiation○ healthy and safe workplaces○ sound agricultural practices○ health-supportive cities and built environments○ preserved nature are all prerequisites for good health.</div> <div>Causes of Environmental health;<div> air pollution</div><div> water and sanitation</div><div> increasing heat waves and severe weather events</div><div> harmful exposure to chemicals and more.</div></div>			<div>Reflect on the components of environmental health.</div> <div>Exercise;<div>1. State 5 components of environmental health.</div><div>2. Explain 5 causes of environmental health using ICT tool.</div></div>

THURSDAY	Show Learners video and pictures displaying examples of poor environmental health	<ol style="list-style-type: none"> 1. Discuss with Learners 5 effects of poor environmental health. 2. Learners brainstorm to identify effects of environmental health on the nation. 3. Assist Learners to identify environmental health on individuals.  <p>Effects of Poor Environmental Health;</p> <ol style="list-style-type: none"> 1. transmission of diarrhoeal diseases such as cholera and dysentery, as well as typhoid, intestinal worm infections and polio 2. increased risk of heart disease 3. wheezing 4. coughing 5. respiratory problems 6. skin, nose, and throat irritation 	<p>Through questions and answers, conclude the lesson.</p> <p>Exercise</p> <p>Explain 5 effects of environmental health.</p>
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School:

District: