

# EaD Comprehensive Lesson Plans



or



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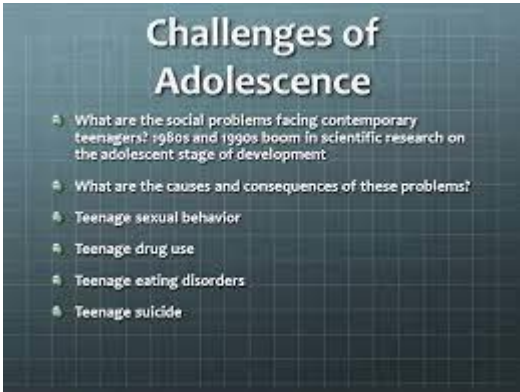
<b>Strand:</b>	Family Life	<b>Sub-Strand:</b>	Adolescent Reproductive Health
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<https://www.TeachersAvenue.net>  
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**BASIC 7**

**WEEKLY LESSON PLAN – WEEK 7**

<b>Content Standard:</b>	B7.2.1.1 Demonstrate understanding of adolescent behaviour and Reproductive Health Issues				
<b>Indicator (s)</b>	B7.2.1.1.1. Examine issues on adolescent behaviour and reproductive health		<b>Performance Indicator:</b>		
<b>Week Ending</b>	25-10-2024				
<b>Class</b>	B.S.7	<b>Class Size:</b>		<b>Duration:</b>	
<b>Subject</b>	Social Studies				
<b>Reference</b>	Social Studies Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.				
<b>Teaching / Learning Resources</b>	Power Point Presentation, Charts, Pictures, Video		<b>Core Competencies:</b>	<ul style="list-style-type: none"><li>• Personal Development and Leadership</li><li>• Critical Thinking and Problem Solving.</li><li>• Communication and Collaboration.</li></ul>	
<b>DAY/DATE</b>	<b>PHASE 1 : STARTER</b>	<b>PHASE 2: MAIN</b>			<b>PHASE 3: REFLECTION</b>
<b>MONDAY</b>	Review Learners knowledge on the previous Lesson.	<div>1. Assist Learners to identify challenges faced by Adolescents.</div> <div>2. Using a Power Point Presentation, explain the challenges faced by Adolescents.</div> <div>3. Assist Learners to role play on the challenges faced by Adolescents.</div> <div>4. Learners brainstorm to identify ways of dealing with challenges Adolescents face.</div> <div><b>Challenges Faced by Adolescents;</b><ul style="list-style-type: none"><li>• Self-Esteem and Body Image.</li><li>• Stress.</li><li>• Bullying.</li><li>• Depression.</li><li>• Cyber Addiction.</li><li>• Drinking and Smoking.</li><li>• Teen Pregnancy.</li><li>• Underage Sex.</li></ul></div> <div><b>Facing The Challenges Of Adolescence</b><ul style="list-style-type: none"><li>• Know your values. Your values are what you believe in, what you think is right or wrong, and what is most important to you.</li><li>• Draw up a plan for your life.</li><li>• Develop yourself.</li><li>• Have a role model.</li><li>• Make decisions.</li></ul></div>			<div>Reflect on the challenges Adolescents face and how to deal with them.</div> <div><b>Exercise;</b><div>1. Write 5 challenges faced by Adolescent s.</div><div>2. Explain ways of dealing with the challenges stated in question 1.</div></div>

		<ul style="list-style-type: none"> <li>• Be Assertive.</li> <li>• Learn a Skill.</li> <li>• Take advantage of holiday periods.</li> </ul>  <p>The image is a presentation slide titled "Challenges of Adolescence". It lists two main questions: "What are the social problems facing contemporary teenagers? 1980s and 1990s boom in scientific research on the adolescent stage of development" and "What are the causes and consequences of these problems?". Below these are five bullet points: "Teenage sexual behavior", "Teenage drug use", "Teenage eating disorders", and "Teenage suicide".</p>	
<b>THURSDAY</b>	Discuss with Learners the meaning of "Adolescence behavioral and psychological adjustment".	<ol style="list-style-type: none"> <li>1. Assist learners to identify ways of Adolescence behavioral and Psychological adjustment.</li> <li>2. Learners in small groups to discuss and report to the class the meanings of the ways of adjusting Adolescents behaviour and psychological thinking.</li> </ol> <p><b>Behavioural And Psychological Adjustment;</b></p> <ul style="list-style-type: none"> <li>• Identity formation</li> <li>• Aggression and Anti-social behaviour</li> <li>• Anxiety and Depression</li> <li>• Academic achievement</li> <li>• Diversity</li> </ul>	Through questions and answers, conclude the lesson.

Name of Teacher:

School:

District: