Strand:	Creative Arts	**Sub-Strand:**	Media and Techniques

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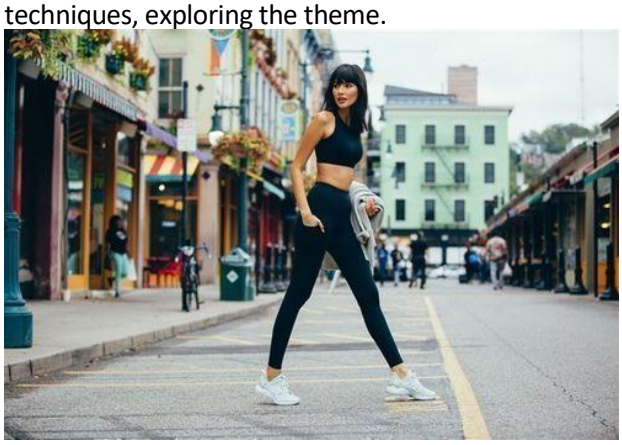
BASIC 9

WEEKLY LESSON PLAN – WEEK 11

Content Standard:	B9. 2.1.3. Demonstrate understanding and application of media and techniques in Dance and Drama				
Indicator (s)	B9.2.1.3.9 Experiment and practice by using the techniques of improvisation, creation of harmony/balance and blocking in dance and drama		**Performance Indicator:** Learners can experiment and practice using techniques of improvisation, creation of harmony/balance, and blocking in dance and drama, developing their creative expression, spatial awareness, and collaboration skills.		
Week Ending	22-11-2024				
Class	B.S.9	**Class Size:**		**Duration:**	
Subject	Creative Arts & Design				
Reference	Creative Arts & Design Curriculum, Teachers Resource Pack, Learners Resource Pack, Textbook.				
Teaching / Learning Resources	Video and Audio Player, Organ, Speaker		**Core Competencies:**	• Communication and Collaboration. • Critical Thinking and Problem Solving. • Creativity and Innovation.	

DAY/DATE	**PHASE 1 : STARTER**	**PHASE 2: MAIN**	**PHASE 3: REFLECTION**
WEDNESDAY	Begin the Lesson with a simple movement phrase, encouraging Learners to respond with their own movements, exploring weight transfer, direction, and flow.	1. Briefly explain the concept of harmony and balance by having Learners move in pairs, focusing on mirroring, echoing, and counter-movement. 2. Divide the class into small groups of 3-4 Learners and assign each group a theme (e.g., nature, emotions, or abstract concepts). 3. Assist Learners to improvise a short scene (2-3 minutes) incorporating movement and harmony/balance techniques, exploring the theme.  Harmony and balance are fundamental principles that underlie many aspects of life, from personal relationships to physical and mental well-being. Achieving harmony and balance can have a profound impact on our overall quality of life, leading to increased happiness, resilience, and fulfillment. Key Benefits 1. Emotional Well-being: Balance and harmony help	Encourage Learners to use their surroundings, props, and each other as inspiration. **Exercise;** Differentiate between Harmony and Balance.

		maintain emotional stability, allowing us to better cope with stress, manage emotions, and navigate life's challenges with resilience. 2. Physical Health: When our body and mind are in balance, our immune system functions optimally, and we're less prone to illnesses and diseases. This also promotes better sleep, boosts energy levels, and enhances overall vitality. 3. Mental Clarity and Focus: Harmony and balance enable clearer minds, improved focus, and enhanced creativity, leading to better decision-making and problem-solving abilities. 4. Improved Relationships: When we're balanced within ourselves, we're better equipped to communicate, empathize, and connect with others, fostering healthy and fulfilling relationships. 5. Spiritual Growth: Balance and harmony align us with the natural flow of life, connecting us with our higher selves and promoting spiritual growth, self-discovery, and a deeper understanding of our purpose.	
THURSDAY	Introduce the concept of blocking, emphasizing the importance of spatial awareness and timing.	1. In small groups, Assign each group a simple scenario (e.g., a conversation or a conflict). 2. Assist Learners to block the scene, focusing on movement, spatial relationships, and timing. 3. Encourage Learners to experiment with different blocking options and make adjustments as needed. 4. Ensure collaboration and feedback among group members. Block play is a fundamental activity that fosters spatial skills, including understanding concepts such as over, around, and through. The importance of spatial awareness and timing is evident in various aspects of block play: • **Decomposing and Composing**: Fitting blocks together and taking them apart (decomposing) helps develop part-whole integration, while changing the shape and arrangement of blocks (composing) enhances spatial reasoning and problem-solving skills. • **Perspective-Taking**: Observing block constructions from different viewpoints, such as from above, behind, or in front of a mirror, encourages children to consider alternative perspectives, promoting spatial awareness and understanding. • **Comparing and Measuring**: Comparing and measuring the size, shape, thickness, length, and height of blocks develops spatial skills, including scaling up or down, and imagining objects or amounts proportionally larger or smaller. • **Locating and Remembering**: Playing hide-and-seek with blocks or recalling their locations on shelves (marked with block shapes) enhances spatial memory and	Assess their ability to collaborate and adapt to feedback. **Exercise;** 1. What is a block play? 2. Explain 4 importance of spatial awareness and timing.

		navigation skills. • **Classifying, Sorting, and Sequencing**: Organizing blocks by shape, size, or color requires spatial awareness and attention to detail, promoting categorization and sequencing abilities. **Timing is Crucial** Timing plays a vital role in block play, as it allows children to: • **Plan and Execute**: Children need to plan their block constructions and execute their designs, developing their ability to sequence tasks and manage their time effectively. • **Adjust and Refine**: As they build, children must adjust and refine their designs, incorporating spatial awareness and problem-solving skills to overcome challenges. • **Reflect and Improve**: After completing a block structure, children can reflect on their process and identify areas for improvement, refining their spatial awareness and timing skills over time. By emphasizing spatial awareness and timing in block play, children develop essential skills that benefit various aspects of their cognitive, social, and emotional development, including: • Problem-solving and critical thinking • Creativity and imagination • Fine motor skills and hand-eye coordination • Social skills, such as collaboration and communication • Emotional regulation and resilience	

Name of Teacher: **School:** **District:**